



EARLY BLOOMERS LANGUAGE INTERVENTION PROGRAMME

Join us with your preschoolers – aged 24 months +

Developed and led by experienced Speech Therapists, Early Bloomers is a unique opportunity for parents/carers to actively engage in their child's early language development.



www.bloomtherapydubai.com



WHAT IS THE EARLY BLOOMERS LANGUAGE DEVELOPMENT PROGRAMME?

- Early Bloomers is an exclusively-developed intervention programme run at Bloom Therapy Speech Center and in partnered nurseries.
- This programme is for children from 24 months to 5 years old who have difficulty expressing their thoughts, feelings, wants and needs.
- Early Bloomers will improve interactions between you and your child, enhancing the development of their language and communication.
- Sessions involve coaching through interactive direct therapy, implemented by parents and the therapist.

OVERVIEW

- Early Bloomers is a 6 weeks programme attended by parent/carer and child.
- Therapy sessions are 40 minutes and take place weekly, with opportunity for 1:1 weekly consultation and feedback with the therapist.

THE PROCESS

01

PHONE CONSULTATION

A qualified team member will reach out to you by phone, ensuring that the programme aligns with the needs of both you and your little one.

02

INITIAL SCREENING

A complimentary screening session is scheduled to comprehensively assess your child's communication and language skills.

03

PARENT AND CHILD ATTEND GROUP COACHING SESSIONS

Parents engage in hands-on coaching sessions where they implement interactive direct therapy alongside our skilled therapists.

04

REVIEW SESSION

After a consolidation period, attendees are offered a review screening, with recommendations provided for next steps.



WHAT TO EXPECT?

The goal is to be able to integrate strategies and techniques into everyday routines. Language has a rich context at mealtimes, bath time, and bedtime, and therefore this is the most effective time to teach new communication skills and vocabulary. You will change how you interact with your child to encourage equal turn-taking and create a more natural conversational flow.

Effective Communication Strategies

- Techniques for enhancing communication with children at different developmental stages.
- Strategies for improving listening skills and understanding nonverbal cues.

Supporting Speech Therapy at Home

- Explanation of speech therapy techniques and goals.
- Ways parents can reinforce therapy activities and exercises at home.

Building Confidence and Self-Esteem

- Strategies for boosting a child's confidence in communication.
- Encouraging positive self-expression and advocacy skills.

Creating a Language-Enriched Environment

- Tips for incorporating language-building activities into daily routines.
- Suggestions for fostering language development through play and interaction.

Encouraging Positive Communication Habits

- Promoting active listening and conversation skills.
- Managing challenging communication situations effectively.



READY TO START YOUR JOURNEY?



- **How much is the initial screening?**

Complimentary

- **How much is the Early Bloomers Programme?**

The sessions are AED 265 each. The programme runs for 6 weeks. Sessions are 40 minutes and will include strategies and goals for the week, an overview detailing the topics discussed, and any resources the therapist has recommended.

- **What if my child is not suitable for the programme?**

The initial screening session is the most important phase of your journey as it will help your therapist decide on the best course of action for your child. Depending on the discussions you have, your therapist might recommend the programme or another more appropriate route to support your child's language development.

- **What if I need further sessions?**

The programme is designed to run for 6 weeks. This is the right amount for most parents, but you are welcome to discuss extending your programme with your therapist in the evaluation session.